

# Running Green for Three Rivers 5K Walk & Run

## SUNDAY, AUGUST 29<sup>TH</sup> 2010



THREE RIVERS  
COMMUNITY FOUNDATION  
*Supporting Progressive Social Change*

PARTICIPANT REGISTRATION FORM

Deadline: August 23<sup>rd</sup>

In pursuit of our environmental justice goals, **Three Rivers Community Foundation** is organizing a 5K Run & Walk to promote and commemorate the sustainable efforts in Pittsburgh.

The mission of this event is to raise public awareness about and build support for local grassroots sustainability initiatives.

*Running Green for Three Rivers* will be syncing up with the Rachel's Sustainable Feast organized by the Rachel Carson Homestead, so that the run ends at the Feast. As a participant, your entry to the Feast is covered by the cost of this event. **More info at:** <http://rungreenpa.org/>

**Registration: 10:00 a.m.**

**Starting Time: 10:30**

**Location: 16<sup>th</sup> Street Bridge, downtown**

**Ending Location: 9<sup>th</sup> Street Bridge @ Rachel's Sustainable Feast**

**Cost: \$15.00** (\$7 goes to the Rachel Carson Homestead; the rest of the proceeds benefit TRCF)

Send to: Three Rivers Community Foundation Fax: 412-243-0503  
100 N. Braddock Ave, Suite 302  
Pittsburgh, PA 15208

-----Detach and send-----

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

E-mail: \_\_\_\_\_

Age at date of event: \_\_\_\_\_

Payment: \$15.00 additional donation \_\_\_\_\_ paid in: cash check

**Dogs/Pets are welcome!**

Your dog must be able to run 5K in possible heat; there will be water stations. Leash required.

Name of Dog: \_\_\_\_\_ Age: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_